

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

Menu Name: HEALTH BAR K-12

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 11/01/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000143 TOMATOES, FRESH	1/4 CUP	8	10	0.02	3	1	0.11	2.21
001231 COLESLAW,1/4 CUP	1/4 CUP	8	61	0.70	106	4	4.20	6.11
000085 ORANGE,HALVES	1/2 EACH	14	36	0.01	0	7	0.09	8.88
000247 APPLESAUCE	1/2 CUP	15	53	0.00	2	12	0.00	14.64
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			148	1.48	160	14	8.37	18.42
% of Calories				9.00%		37.8%	50.9%	49.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Thursday - 11/02/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000264 CAULIFLOWER,raw: fresh,1/4 CUP	1/4 CUP	5	7	0.04	9	1	0.08	1.41

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000849 PEAS,1/4 CUP	1/4 CUP	7	31	0.00	39	2	0.00	5.50
000422 GRAPES	1/2 CUP	18	49	0.00	2	11	0.00	12.47
000920 PINEAPPLE CHUNKS, JUICE PK,	1/2 CUP	10	80	0.00	0	20	0.00	22.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			151	1.25	137	17	6.96	21.60
% of Calories				7.45%		45.0%	41.5%	57.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Friday - 11/03/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000235 PARENT/TEACHER CONFERENCE	EACH	1	0	0.00	0	*N/A*	0.00	0.00
Weighted Daily Average			0	0.00	0	*N/A*	0.00	0.00
% of Calories				0%		*N/A*	0%	0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Monday - 11/06/2017

Reimbursable Meal Total 25

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000264 CAULIFLOWER,raw: fresh,1/4 CUP	1/4 CUP	6	7	0.04	9	1	0.08	1.41
000478 TOMATOES,CHERRY	1/4 CUP	8	12	0.00	6	1	0.00	2.40
000934 MELONS,MEDLEY	1/2 CUP	20	55	0.06	25	12	0.25	13.64
000099 STRAWBERRIES, DICED CUP	4.5 OZ	20	80	0.00	0	16	0.00	20.93
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			187	1.30	147	24	7.17	30.76
% of Calories				6.26%		51.3%	34.5%	65.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Tuesday - 11/07/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000377 CUCUMBER,RAW	1/4 CUP	8	5	0.01	1	1	0.07	0.98
000866 BEANS,VEG,CND,1/4 CUP	1/4 CUP	5	65	0.00	228	3	0.50	11.50
001028 BANANA,1/2 CUP	1/2 EACH	15	53	0.07	1	7	0.19	13.48
000437 PEACHES,CND	1/2 CUP	15	60	0.00	5	13	0.00	14.00

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			155	1.29	173	14	7.18	21.10
% of Calories				7.49%		36.1%	41.7%	54.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Wednesday - 11/08/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
001231 COLESLAW,1/4 CUP	1/4 CUP	9	61	0.70	106	4	4.20	6.11
000151 PEPPERS,MIXED BELL	1/4 CUP	8	5	0.00	1	1	0.00	1.04
000422 GRAPES	1/2 CUP	15	49	0.00	2	11	0.00	12.47
000247 APPLESAUCE	1/2 CUP	15	53	0.00	2	12	0.00	14.64
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			158	1.50	164	16	8.46	20.80
% of Calories				8.54%		40.5%	48.2%	52.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Thursday - 11/09/2017

Reimbursable Meal Total 25

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000478 TOMATOES,CHERRY	1/4 CUP	8	12	0.00	6	1	0.00	2.40
001053 AVOCADO,1/4 CUP	1/4 CUP	8	58	0.78	3	0	5.35	3.11
000085 ORANGE,HALVES	1/2 EACH	15	36	0.01	0	7	0.09	8.88
000021 PEARS,CND,1/2 CUP	1/2 CUP	18	60	0.00	5	12	0.00	16.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			160	1.50	130	14	8.71	20.61
% of Calories				8.44%		35.0%	49.0%	51.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Friday - 11/10/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000147 CARROTS,BABY,1/4 CUP	1/4 CUP	15	10	0.00	10	3	0.00	2.27
000958 BEANS,BLACK,1/4 CUP	1/4 CUP	4	39	0.00	50	0	0.00	7.08
000839 APPLE,HALF	1/2 EACH	18	39	0.02	1	8	0.13	10.29
000036 FRUIT COCKTAIL	1/2 CUP	10	60	0.00	5	12	0.00	14.91

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			137	1.26	140	13	7.04	17.86
% of Calories				8.28%		38.0%	46.2%	52.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Monday - 11/13/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000843 BROCCOLI,RAW,1/4 CUP	1/4 CUP	6	6	0.01	6	0	0.07	1.18
000267 CELERY STICKS	1/4 CUP	9	6	0.02	30	1	0.06	1.12
000907 WATERMELON,CHUNKS, 1/2 CUP	1/2 CUP	22	24	0.01	1	5	0.12	6.04
000437 PEACHES,CND	1/2 CUP	18	60	0.00	5	13	0.00	14.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			141	1.26	140	15	7.09	18.08
% of Calories				8.04%		42.6%	45.3%	51.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Tuesday - 11/14/2017

Reimbursable Meal Total 25

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000151 PEPPERS,MIXED BELL	1/4 CUP	8	5	0.00	1	1	0.00	1.04
000958 BEANS,BLACK,1/4 CUP	1/4 CUP	3	39	0.00	50	0	0.00	7.08
000134 KIWI,1/2 CUP	1 EACH	19	42	0.02	2	6	0.36	10.12
000036 FRUIT COCKTAIL	1/2 CUP	10	60	0.00	5	12	0.00	14.91
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			135	1.26	133	11	7.22	16.83
% of Calories				8.40%		32.6%	48.1%	49.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Wednesday - 11/15/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000143 TOMATOES, FRESH	1/4 CUP	8	10	0.02	3	1	0.11	2.21
001231 COLESLAW,1/4 CUP	1/4 CUP	8	61	0.70	106	4	4.20	6.11
000085 ORANGE,HALVES	1/2 EACH	14	36	0.01	0	7	0.09	8.88
000247 APPLESAUCE	1/2 CUP	15	53	0.00	2	12	0.00	14.64

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			148	1.48	160	14	8.37	18.42
% of Calories				9.00%		37.8%	50.9%	49.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Thursday - 11/16/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000264 CAULIFLOWER,raw: fresh,1/4 CUP	1/4 CUP	5	7	0.04	9	1	0.08	1.41
000849 PEAS,1/4 CUP	1/4 CUP	7	31	0.00	39	2	0.00	5.50
000422 GRAPES	1/2 CUP	18	49	0.00	2	11	0.00	12.47
000920 PINEAPPLE CHUNKS,JUICE PK,	1/2 CUP	10	80	0.00	0	20	0.00	22.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			151	1.25	137	17	6.96	21.60
% of Calories				7.45%		45.0%	41.5%	57.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Friday - 11/17/2017

Reimbursable Meal Total 25

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000143 TOMATOES, FRESH	1/4 CUP	6	10	0.02	3	1	0.11	2.21
000866 BEANS,VEG,CND,1/4 CUP	1/4 CUP	8	65	0.00	228	3	0.50	11.50
000839 APPLE,HALF	1/2 EACH	20	39	0.02	1	8	0.13	10.29
000021 PEARS,CND,1/2 CUP	1/2 CUP	15	60	0.00	5	12	0.00	16.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			163	1.26	201	16	7.23	24.04
% of Calories				6.96%		39.3%	39.9%	59.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Monday - 11/20/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000264 CAULIFLOWER,raw: fresh,1/4 CUP	1/4 CUP	6	7	0.04	9	1	0.08	1.41
000478 TOMATOES,CHERRY	1/4 CUP	8	12	0.00	6	1	0.00	2.40
000934 MELONS,MEDLEY	1/2 CUP	20	55	0.06	25	12	0.25	13.64
000099 STRAWBERRIES, DICED CUP	4.5 OZ	20	80	0.00	0	16	0.00	20.93

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			187	1.30	147	24	7.17	30.76
% of Calories				6.26%		51.3%	34.5%	65.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Tuesday - 11/21/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000377 CUCUMBER,RAW	1/4 CUP	8	5	0.01	1	1	0.07	0.98
000866 BEANS,VEG,CND,1/4 CUP	1/4 CUP	5	65	0.00	228	3	0.50	11.50
001028 BANANA,1/2 CUP	1/2 EACH	15	53	0.07	1	7	0.19	13.48
000437 PEACHES,CND	1/2 CUP	15	60	0.00	5	13	0.00	14.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			155	1.29	173	14	7.18	21.10
% of Calories				7.49%		36.1%	41.7%	54.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Wednesday - 11/22/2017

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000191 THANKSGIVING HOLIDAY								
Weighted Daily Average			0	0.00	0	0	0.00	0.00
% of Calories				0%		0%	0%	0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Thursday - 11/23/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000191 THANKSGIVING HOLIDAY								
Weighted Daily Average			0	0.00	0	0	0.00	0.00
% of Calories				0%		0%	0%	0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Friday - 11/24/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000191 THANKSGIVING HOLIDAY								
Weighted Daily Average			0	0.00	0	0	0.00	0.00
% of Calories				0%		0%	0%	0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

Monday - 11/27/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000843 BROCCOLI,RAW,1/4 CUP	1/4 CUP	6	6	0.01	6	0	0.07	1.18
000267 CELERY STICKS	1/4 CUP	9	6	0.02	30	1	0.06	1.12
000907 WATERMELON,CHUNKS, 1/2 CUP	1/2 CUP	22	24	0.01	1	5	0.12	6.04
000437 PEACHES,CND	1/2 CUP	18	60	0.00	5	13	0.00	14.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			141	1.26	140	15	7.09	18.08
% of Calories				8.04%		42.6%	45.3%	51.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Tuesday - 11/28/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000151 PEPPERS,MIXED BELL	1/4 CUP	8	5	0.00	1	1	0.00	1.04
000958 BEANS,BLACK,1/4 CUP	1/4 CUP	3	39	0.00	50	0	0.00	7.08
000134 KIWI,1/2 CUP	1 EACH	19	42	0.02	2	6	0.36	10.12

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000036 FRUIT COCKTAIL	1/2 CUP	10	60	0.00	5	12	0.00	14.91
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			135	1.26	133	11	7.22	16.83
% of Calories				8.40%		32.6%	48.1%	49.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Wednesday - 11/29/2017

Reimbursable Meal Total 25

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000143 TOMATOES, FRESH	1/4 CUP	8	10	0.02	3	1	0.11	2.21
001231 COLESLAW,1/4 CUP	1/4 CUP	8	61	0.70	106	4	4.20	6.11
000085 ORANGE,HALVES	1/2 EACH	14	36	0.01	0	7	0.09	8.88
000247 APPLESAUCE	1/2 CUP	15	53	0.00	2	12	0.00	14.64
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			148	1.48	160	14	8.37	18.42
% of Calories				9.00%		37.8%	50.9%	49.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

Thursday - 11/30/2017

Reimbursable Meal Total 25

Base Menu Spreadsheet

Portion Values

Nov 1, 2017 thru Nov 30, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000602 SALAD,SPINACH	1 CUP	10	12	0.01	13	1	0.29	1.89
000264 CAULIFLOWER,raw: fresh,1/4 CUP	1/4 CUP	5	7	0.04	9	1	0.08	1.41
000849 PEAS,1/4 CUP	1/4 CUP	7	31	0.00	39	2	0.00	5.50
000422 GRAPES	1/2 CUP	18	49	0.00	2	11	0.00	12.47
000920 PINEAPPLE CHUNKS,JUICE PK,	1/2 CUP	10	80	0.00	0	20	0.00	22.00
001287 DRESSING,RANCH,RTU	2 TBSP	15	114	2.07	197	1	11.38	2.07
Weighted Daily Average			151	1.25	137	17	6.96	21.60
% of Calories				7.45%		45.0%	41.5%	57.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.